

SLEEP <u>BREAKTH</u>ROUGH

(Available August 2024)



A BREAKTHROUGH FOR RESTFUL SLEEP*

Our Sleep Breakthrough offers a *melatonin-free* option to support restful sleep, and enhance a feeling of refreshment upon awakening.* This formula is designed to promote restorative sleep, support sleep quality, and promote a state of relaxation.* Unlike melatonin supplements, this formula contains no hormones and is safe to take daily or only as needed. The formula is available as convenient capsules, as well as a Tropical Dreams powdered drink for those who prefer a non-capsule option.

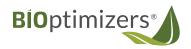
LEADING INGREDIENTS TO SUPPORT SLEEP AND RELAXATION*

Magnolia bark (Magnolia officinalis) has been used extensively in traditional Chinese medicine to support sleep and promote a healthy response to stress.*

The biologically active compounds in magnolia bark – Magnolol and Honokiol – interact with brain chemistry in a way that supports relaxation and stress.*



- Glycine is an inhibitory neurotransmitter, supporting the onset of sleep and promoting calmness of the mind.* Glycine can support improved sleep quality and promote feelings of wakefulness.*
- L-Theanine, another neurotransmitter, can work with the body's GABA level to produce a soothing effect on the nervous system, promoting relaxation and calm before sleep.*



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*Daily Value not established.



Supplement Facts Serving Size 2 Capsules Servings Per Container 30 **Amount Per 2 Capsules** %DV Vitamin B6 (as Pyridoxal-5-Phosphate) 141% 2.4 ma Magnesium (from Magnesium Bisglycinate) 9% 36 mg Zinc (from Zinc Picolinate) 1.5 mg 14% Glycine 588 mg 190 mg Taurine * * L-Theanine 190 mg * Magnolia Bark Extract (Magnolia officinalis) 75 mg

Other Ingredients: Hypromellose (Capsule), Potassium Gluconate, Calcium Citrate, Rice Extract Blend (Rice Extract, Rice Hulls, Gum Arabic, Sunflower Oil), Rice Fiber, Microcrystalline Cellulose.





Supplement Facts

Serving Size 2 Scoops (8.78g) Servings Per Container 25

	%DV*				
Amount Per Serving					
20					
6 mg	353%				
te) 22 mg	5%				
6 mg	54%				
33 mg	<1%				
2,900 mg	†				
2,400 mg	†				
350 mg	†				
200 mg	†				
Magnolia (Magnolia officinalis) (Bark Extract) 75 mg					
	20 6 mg tte) 22 mg 6 mg 33 mg 2,900 mg 2,400 mg 350 mg				

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. †%DV not established.

Other Ingredients: Strawberry Juice Powder, Organic Natural Flavor, Malic Acid, Calcium Citrate, Pineapple Juice Powder, Thaumatin Powder.

25 servings (Tropical Dreams)



Item#	Size	SRP	Wholesale	New Item Discount*	Discounted WHS
5166	60ct	\$29.99	\$15.00	50%	\$7.50
5090	25 servings	\$56.99	\$28.50	50%	\$14.25

*One-time discount available only on first order placed of each SKU. Maximum of 6 units per SKU for the New Item Discount. Available only to qualified health food stores. Orders under \$150 will be charged shipping. Orders may be emailed to BIOptimizers at hfsinfo@bioptimizers.com