

SLEEP BREAKTHROUGH

(Available August 2024)



A BREAKTHROUGH FOR RESTFUL SLEEP*

Our Sleep Breakthrough offers a **melatonin-free** option to support restful sleep, and enhance a feeling of refreshment upon awakening.* This formula is designed to promote restorative sleep, support sleep quality, and promote a state of relaxation.* Unlike melatonin supplements, this formula contains no hormones and is safe to take daily or only as needed. The formula is available as convenient capsules, as well as a Tropical Dreams powdered drink for those who prefer a non-capsule option.

LEADING INGREDIENTS TO SUPPORT SLEEP AND RELAXATION*



Magnolia bark (*Magnolia officinalis*) has been used extensively in traditional Chinese medicine to support sleep and promote a healthy response to stress.* The biologically active compounds in magnolia bark – Magnolol and Honokiol – interact with brain chemistry in a way that supports relaxation and stress.*



Glycine is an inhibitory neurotransmitter, supporting the onset of sleep and promoting calmness of the mind.* Glycine can support improved sleep quality and promote feelings of wakefulness.*



L-Theanine, another neurotransmitter, can work with the body's GABA level to produce a soothing effect on the nervous system, promoting relaxation and calm before sleep.*

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Supplement Facts

Serving Size 2 Capsules
Servings Per Container 30

	Amount Per 2 Capsules	%DV
Vitamin B6 (as Pyridoxal-5-Phosphate)	2.4 mg	141%
Magnesium (from Magnesium Bisglycinate)	36 mg	9%
Zinc (from Zinc Picolinate)	1.5 mg	14%
Glycine	588 mg	*
Taurine	190 mg	*
L-Theanine	190 mg	*
Magnolia Bark Extract (<i>Magnolia officinalis</i>)	75 mg	*

*Daily Value not established.

Other Ingredients: Hypromellose (Capsule), Potassium Gluconate, Calcium Citrate, Rice Extract Blend (Rice Extract, Rice Hulls, Gum Arabic, Sunflower Oil), Rice Fiber, Microcrystalline Cellulose.

60ct



Supplement Facts

Serving Size 2 Scoops (8.78g)
Servings Per Container 25

	Amount Per Serving	%DV*
Calories	20	
Vitamin B6 (as Pyridoxal-5-Phosphate)	6 mg	353%
Magnesium (from Magnesium Bisglycinate)	22 mg	5%
Zinc (from Zinc Picolinate)	6 mg	54%
Potassium (from Potassium Gluconate)	33 mg	<1%
Glycine	2,900 mg	†
Taurine	2,400 mg	†
Bamboo Leaf (<i>Phyllostachys viridis</i>) (Leaf Extract)	350 mg	†
L-Theanine	200 mg	†
Magnolia (<i>Magnolia officinalis</i>) (Bark Extract)	75 mg	†

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

†%DV not established.

Other Ingredients: Strawberry Juice Powder, Organic Natural Flavor, Malic Acid, Calcium Citrate, Pineapple Juice Powder, Thaumatin Powder.

Allergens: None.

25 servings (Tropical Dreams)



Item#	Size	SRP	Wholesale	New Item Discount*	Discounted WHS
5166	60ct	\$29.99	\$15.00	50%	\$7.50
5090	25 servings	\$56.99	\$28.50	50%	\$14.25

*One-time discount available only on first order placed of each SKU. Maximum of 6 units per SKU for the New Item Discount. Available only to qualified health food stores. Orders under \$150 will be charged shipping. Orders may be emailed to BIOptimizers at hfsinfo@bioptimizers.com